



**Nutrition
Masterclass**
SEASON 2

Precision in practice:

Mastering the art of Medical Nutrition Therapy (MNT)
in Type 2 diabetes

Your patients rely on your guidance to lead healthier lives and achieve optimal health outcomes.

Despite advancements in pharmacotherapies, the diabetes epidemic continues to grow rapidly. Clinical guidelines emphasize the pivotal role of diet and nutrition, advocating for medical nutrition therapy (MNT) at every stage of the continuum. In your journey as a healthcare provider, you play a crucial role in guiding your patients through their journey towards healthier living.

The Nutrition Masterclass is more than just education!

It is a game changer, a comprehensive knowledge initiative, to help HCPs change the picture of diabetes and diabetes control.



Bite-sized content on smart e-learning platform for anytime anywhere access



Developed in a licensing initiative with The Endocrine Society, USA



Certification upon course and program completion



Content developed in collaboration with leading experts Dr. Jeffrey Mechanick and Dr. Osama Hamdy



Essential nutritional concepts on topics across the diabetes continuum



Expert lectures from elite KOLs across the Asia-Pacific region



Real-life practice case simulations



Gamified assessments



Downloadable



More than **10000+**
HCPs registered



90% of HCPs
have **increased** their
adoption of MNT

MNT Masterclass seems to have got all the C's right - Concept, Content, Countries, Collaboration. I believe we need to go on and continue to build deeper value.

★★★★★
- Dr. Krishna Seshadri

I think this was a fantastic initiative, must emphasize the scientific rigor in content design. I reckon docflig as a force multiplier. This needs to go on with larger objectives.

★★★★★
- Dr. Jeffrey Mechanick









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Take Medical Nutrition Therapy to the next level of guided learning and engagement

Nutrition Masterclass 2.0 is designed to augment classroom learning with

-  Thematic course curriculum
-  Expert mentor commentaries
-  Practice based experiential learning
-  Gamified assessment and scoring





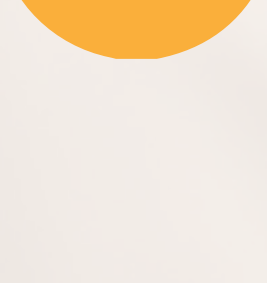


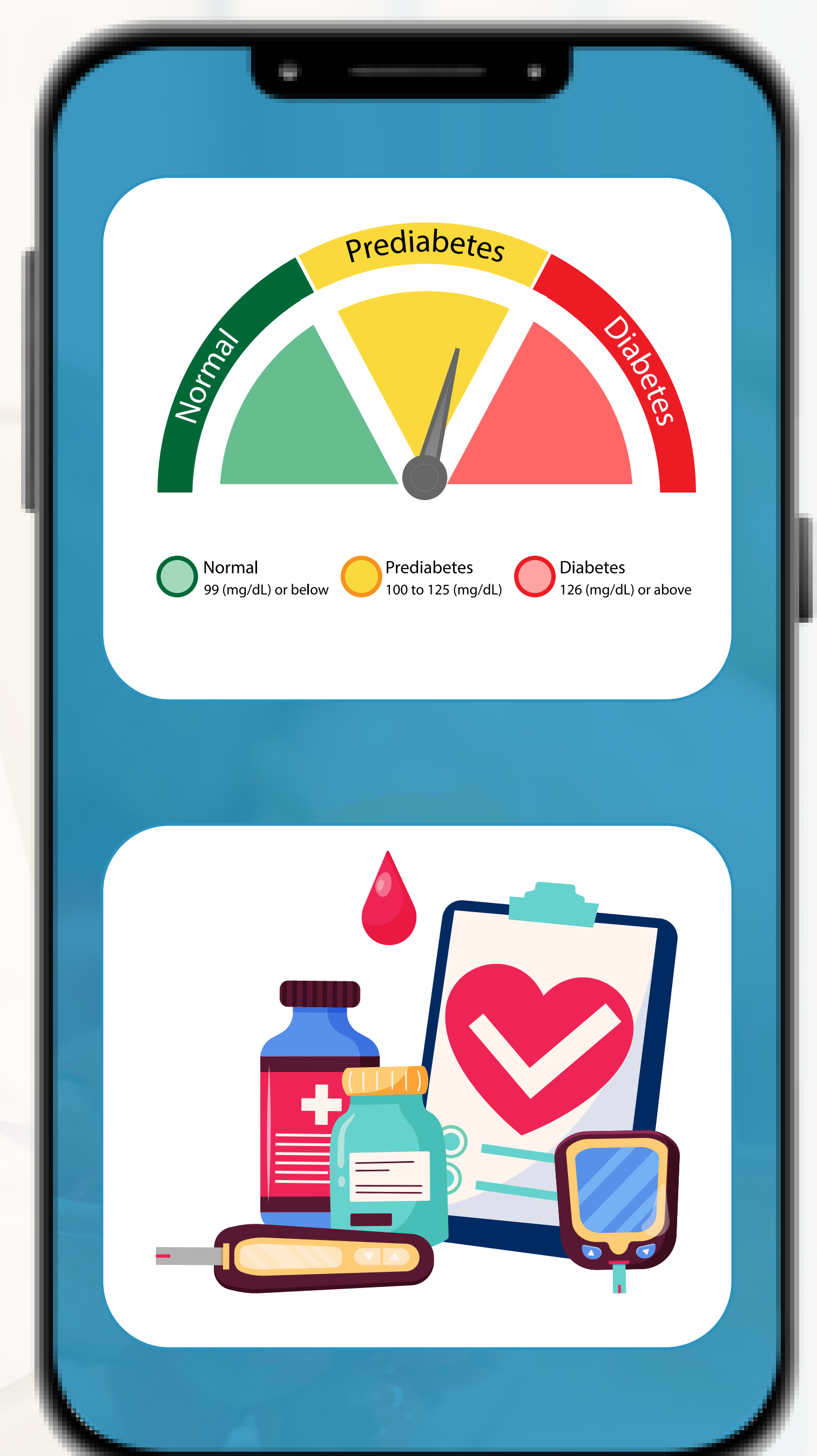
1

Thematic Course

Starting with MNT early in the continuum: preventing dysglycemic progression and early remission in T2D

3 expert video commentaries + 1 case simulation

-  Explore the new paradigm of diabetes as a multimorbidity chronic disease continuum.
-  Understand the AACE-defined dysglycemia-based chronic disease (DBCD) multimorbidity care model
-  Reduce the potential impact of T2D, cardiometabolic risk, and cardiovascular events
-  Position MNT, health lifestyle and behaviour as the central, pervasive action to decrease risk of metabolic drivers
-  Highlight the role of structured lifestyle change and medical nutrition therapy as preventive strategies to mitigate risk of progression





2

Thematic Course

Intensifying MNT for better outcomes later in the continuum; tackling T2D associated comorbid risks and complications

3 expert video commentaries + 1 case simulation

- ✓ Explore the pathological and clinical impact of chronic hyperglycemia and
- ✓ Understand the role of personalised approach tailored to management of T2D with individual comorbidities.
- ✓ Recognize MNT and diabetes self-management education as integral parts of the treatment and self-management of diabetes.
- ✓ Improve glycemic control, reduce risk of CV, renal and macro and microvascular complications



Thematic Course

3

Individualizing MNT: Managing complex patients with T2D

5 expert video commentaries

Explore the unique clinical challenges faced by patients with T2D and additional physiological state of demand

Maintain or improve quality of life and nutritional and physiological health and to delay or prevent long-term complications of diabetes and associated comorbid conditions.

Understand the need for structured lifestyle for management of patients with T2D and unique clinical presentation or unique needs



Bonus course

tDNA from paper to practice and real -world adaptation across the globe

- ✓ Re-visit the concept of tDNA in management of diabetes
- ✓ Understand how tDNA helps cultural adaptation of established nutrition therapies and lifestyle management
- ✓ Reduce the burden of diabetes and improve patients' quality of life.

